

# Nancy Elizabeth

*Dancing* is my third album. My first was called *Battle and Victory* and my second was *Wrought Iron*. *Dancing* is the one I'm most proud of so far.

I've spent the majority of my twenties playing music to people in various places. From a cave in Italy to a derelict church in Mexico to the wonderful Barbican Theatre in London to a run down pub in Paris – I've never been picky in choosing where to make a noise.

But it all got a bit much for me. Although I met wonderful people and had some real adventures, in the end, I wanted to stay at home.

So I decided to stay in my small, cold flat in Manchester, where I have a little piano. It's not a posh piano but it is unique and precious. Hung on the wall above my piano are my guitars, and strewn around the room are a load of other instruments and amps.

I was in here, on my own. No money to do anything and no reason to be anywhere. Staying awake throughout the night, with my headphones on, I created *Dancing*. As I captured the sound of my instruments, I also became transfixed by vocal harmonies. I used my voice as a synthesizer, laying down layer upon layer of vocals. I didn't mean to make an entire record, but I did.

I decided to call the album *Dancing* because in the middle of the night, the hours when it was created, I felt very aware of the passage of time. Rhythm is time marked out by sound or movement. Time moves on and everything moves with it.

*Dancing* is not conventional modern dance music, although it does contain some electronic elements. It's a collection of sounds and words. I hope it will inspire listeners to go out and dance, or stay in and dance.

I made the artwork myself. It depicts the sun rising over a row of houses, while the moon is still in the sky. I could've had an incongruous picture of myself, dressed up in some fancy outfit with a pair of ballet shoes on, but I thought that the sunrise showed the real essence of what I meant by calling the album *Dancing*.

Nancy Elizabeth, January 2013